



At Home/Chez-Soi

Supporting Individuals with Additional Needs

- Typically ~ 85% achieve stable housing in Housing First
- Similarly to other studies, 13.5% of the At Home sample did not achieve stable housing at one year
- Who are these individuals?
 - What do they look like at baseline?
- What do they need?
 - An example: Moncton's Peer Supportive House
- Definition – Not stably housed:
 - There is at least 6 months of RTFLB data
 - Housed less than 50% of the time during the last 9 months of the first year, unless housed 100% of the time in the last 3 months
 - Time in institutions (jail, hospital) is removed and those in institutions for at least 66% of the last 9 months are removed.



Individuals with additional needs: Who is not stably housed at one year?

- 86.5% stably housed at one year
- 13.5% not stably housed
 - Moncton: 2.2% *
 - Montreal: 12.0%
 - Toronto: 11.2%
 - Winnipeg: 23.8% *
 - Vancouver: 11.6%



Individuals with additional needs: Who is not stably housed at one year?

• Those not stably housed at one year looked like this at baseline:

- ↓ completed high-school
- ↑ homelessness (total months)
- ↑ aboriginal (confounded by residence in Winnipeg site)
- ↓ PTSD or Panic disorder
- ↑ psychotic disorder
- ↑ Imprisoned (# times held in cell)
- ↓ using food banks
- ↑ quality of life
- ↑ community integration (psychological)

• These baseline characteristics were not associated with unstable housing at one year:

- Age, gender, ethnicity
- Diagnosis of substance abuse, depression, mood disorder with psychosis
- Previous victimization
- % of recent time spent on the street, in shelters, in ER, institutionalized
- # times arrested, court appearances, detained by police, contact with police
- Community functioning
- Community integration (physical)



What do they need? An example - Moncton's Peer Supportive House

- Designed for those with multiple evictions and ongoing chronic homelessness at one year
- Six-unit supportive housing complex.
- ACT team, Peer Superintendents
- Added security, rules, and structure
- Implementation evaluation was positive, overall
 - Added supports and structure appreciated by most clients
 - Clients and staff see positive early impacts