

## **Rights of Passage**

### **Youth Kitchen Access Protocol**

The Kitchen Access protocol will be initiated by the CW within the first week of a youth's intake. This is a part of their Orientation, but the responsibility lies with the CW to initiate and to conduct the Assessments. The youth are expected to attend and participate in the Assessments, but if they choose not to follow through, they will simply not gain access to the kitchen. CMT will review.

A Kitchen Passport document will be attached to the Youth's PDN and used to map and monitor their progress through the assessment.

#### *Section A. Verbal Assessment.*

The CW will set time at least an hour with a youth to conduct the first stage of assessment. The CW will seek to discover if the participant can, with some degree of confidence and competence, speak to the various good safety themes contained in the assessment. It is an informal conversation, yet the CW is looking for any issues that could jeopardize the sanctuary of the youth or the program in allowing this youth independent access to the kitchen.

The staff will make notes directly on the sheet and following the assessment will make a recommendation based on the conversation with the youth. Do they recommend that the youth proceed to the next section or do they feel that the youth requires a little bit more education and support with food management/safety themes?

The Participant and the CW sign the bottom of this section.

#### *Section B. Physical Demonstration.*

Again the CW will initiate and conduct the Assessment and the youth are expected to attend and participate. The CW is seeking to discover if the participant can, with a greater degree of confidence and competence, physically show that they can engage in the various good safety themes.

This section is hands on. The assessment should take place in the kitchen allowing the youth to actively demonstrate their skills. This section is much more detailed. Staff will make notes directly on the sheet and following the youth's demonstration, make a recommendation based on how they witness the youth perform the tasks. Do they recommend that the youth proceed to the next section or do they feel that the youth requires more education and support with food management/safety themes?

The Participant and the CW sign the bottom of this section.